

# Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY)

MAP-SCDY is a statewide collaborative network that strives to prevent sudden cardiac death of the young. MAP-SCDY provides leadership, education, and resources to help communities prevent sudden cardiac death of the young.

To learn more, please visit [www.migrc.org/miheartsafe](http://www.migrc.org/miheartsafe), contact 1-866-852-1247 or e-mail [DCH-PreventSCDY@michigan.gov](mailto:DCH-PreventSCDY@michigan.gov)

*For more information about MI HEARTSafe Schools, please contact:*

## Sudden Cardiac Death of the Young Prevention Program

Phone: 1-866-852-1247

E-mail: [DCH-PreventSCDY@michigan.gov](mailto:DCH-PreventSCDY@michigan.gov)

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American  
Heart  
Association®



*Introducing*

**MI HEARTSafe**



**Schools**

### Important questions to consider:

- ♥ Does your school have a cardiac emergency response plan?
- ♥ Who can recognize the symptoms of cardiac arrest?
- ♥ Who knows how to get help "on the way, right away"?
- ♥ Who knows CPR in your school?
- ♥ Where are the automated external defibrillators (AEDs) located in your school building?
- ♥ Who knows how to use AEDs?

To learn more, please visit  
[www.migrc.org/miheartsafe](http://www.migrc.org/miheartsafe)



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for Prevention of  
Sudden Cardiac  
Death of the Young**

## What are MI HEARTSafe Schools?

MI HEARTSafe Schools are prepared for cardiac emergencies.

MI HEARTSafe Schools have met standards to protect their students, staff and visitors in the event of a sudden cardiac arrest. The Michigan Department of Community Health, Michigan Department of Education, American Heart Association and Michigan Alliance for Prevention of Sudden Cardiac Death of the Young (MAP-SCDY) designate these schools as MI HEARTSafe.

The MI HEARTSafe School designation is for three years. MI HEARTSafe Schools receive a certificate and are named on [www.migr.org/miheartsafe](http://www.migr.org/miheartsafe), [www.michigan.gov/scdy](http://www.michigan.gov/scdy) and other websites. There is no cost for schools to apply or to receive the MI HEARTSafe School designation.

## Why should our school become a MI HEARTSafe School?

Cardiac arrest is often an unexpected and sudden event that can happen at any age.

The American Heart Association recommends the 'Chain of Survival' to increase chances of survival for victims of cardiac arrest.



The 'Chain of Survival' steps include:

- ♥ Early recognition of a cardiac arrest and calling 9-1-1
- ♥ Rapid bystander response with hands-only CPR
- ♥ Use of an AED
- ♥ Advanced life support
- ♥ Post-cardiac arrest care

**The 'Chain of Survival' needs to be done quickly (goal of 3-5 minutes from collapse to rapid defibrillation).**



MI HEARTSafe Schools are prepared to implement the 'Chain of Survival' to save lives.

## How does our school become MI HEARTSafe?

Schools interested in becoming MI HEARTSafe need to complete an application which can be found at [www.migr.org/miheartsafe](http://www.migr.org/miheartsafe). There is no cost to apply.

### Criteria include:

- ✓ **A written medical emergency response plan** reviewed at least annually with staff
- ✓ **A medical emergency response team** with current CPR/AED certification, sufficient to respond to an emergency during school hours and organized after-school activities
- ✓ **Current CPR/AED certification** for at least 10% of staff and 50% of coaches and physical education staff
- ✓ A sufficient number of accessible **properly maintained and inspected AEDs**, ready to use, with signs identifying AED locations
- ✓ Performance of at least one **cardiac emergency response drill** per year
- ✓ **Pre-participation sports screening** for all athletes using the most current form endorsed by Michigan High School Athletic Association (MHSAA)